

INSPIRING CONFERENCE BOUND TO MAKE WAVES IN LETHBRIDGE, AB

The Birthing, Breastfeeding and Bonding Conference 2009 will host a variety of speakers from Canada, U.S.A and South Africa. A wealth of information and education, the conference is already attracting attendees from all over Alberta and beyond.

Lethbridge, Alberta, April 7, 2009 - Birthing, Breastfeeding and Bonding Conference 2009: Movement Towards Positive Change in Present Practices. Taking place on Friday October 2nd and Saturday October 3rd, 2009 in Lethbridge, Alberta, this exciting conference will advocate for gentle birthing, wondrous breastfeeding and intimate bonding. It is the first of its kind to hit Southern Alberta covering a broad spectrum of topics within the two days.

A number of professionals will be traveling from various places, ranging from here in Alberta to South Africa, to speak to the conference attendees. Included in the speaker list is Barbara Harper (RN, Certified Doula, Author, Certified Childbirth Educator), Teresa Pittman (Author and Certified Doula) and Dr. Nils Bergman, all of whom are highly regarded experts in their field. The conference will be a place to empower each other to become catalysts for change in the field of pre and peri-natal care. Continuing education credits will be available for a number of sessions.

Alberta is in need of an awakening, a light at the end of the tunnel, and this conference may just be that. Although geared towards health care professionals the Birthing, Breastfeeding and Bonding conference is a great place for interested mothers and fathers as well. There will be a public portion on Friday evening and Saturday morning.

Alberta recently approved the funding of midwifery care for mothers who choose their services. While that is a move in the right direction, there is still a lot of work to be done to make Alberta a more baby friendly province.

Early bird registration is available at www.birthingbreastfeedingbonding.com . There are also several sponsorship opportunities available (see website for details).

Contact:

Andrea Johnson, Co-Chairperson

Daleen Bybee, Co-Chairperson

birthingbreastfeedingbonding@gmail.com